

Personal Background

Patient Name: _____

Date: ____/____/____

Dietary Habits:

Number of meals per day: _____ Quality of meals: _____ Quantity of meals: _____

Liters of water per day: _____

Hours of sleep per day: _____

Habitation type:

Floors: _____ Type of lighting: _____ Drainage: _____

Gas : _____

Others : _____

Hygiene:

Excellent: _____ Regular: _____ Bad _____

Immunizations: Complete: Yes ___ No ___

Physical Activities:

Occupation:

Sexual Preference: _____

Addictions:

Alcohol: Yes ___ No ___ Frequency _____

Tobacco: Yes ___ No ___ Frequency _____

Drugs: Yes ___ No ___ Frequency _____